

2005 N.S.F.L. Peanut Division Rules

General – Section I

1. Division will be made up of players 5 and 6 yrs. of age as of November 30th. Teams must be split at 24 players.
2. Teams will be chosen with an equal split of age groups and must be kept “equal”. Ex: team A has nine 6 yr olds and four 5 yr olds, team B will be the same age make up.
3. All towns will submit an NSFL roster for each team at the coaches meeting.
4. All players will attend a pre-season weigh-in (date,place, times will be announced). Each player will go through a number of stations where ages and weight will be checked and a laminated picture ID card will be made. Players will only be taken by team accompanied by a coach.
5. Acceptable proof of birth ORIGINALS ONLY such as, Birth or Baptismal Certificates, Passport or Previous year ID card.
6. The weight limit for this division will be 75 lbs.
7. There will be no Growth allowance during the season.
8. This division will be 8 man tackle with modified rules outlined in the Offense and Defense section.
9. All towns must submit a list of Coaches to include Name, phone number and e-mail address to the Coordinator by the 3rd week of July.
10. All Peanut Head Coaches and Assistant Coaches will attend a mandatory meeting in August.
11. All Peanut Head Coaches must also attend a meeting in September and October (Dates,times,locations will be determined).
12. Unsportsmanlike conduct will not be tolerated. This includes players, coaches, and spectators. During a game, a penalty of 10 yards will be assessed. The second infraction will result in mandatory ejection.
13. Any Coach, who has a player intentionally run out of bounds or fall down unimpeded, for the sake of keeping that player available, will result in a \$100 fine to the town. A second infraction of this nature will result in a \$300 fine to the town and automatic suspension for the next 2 games. A third infraction will result in suspension from the NSFL. The coach will not be able to re-apply for 1 full year from the date of the third incident.
14. A copy of the Peanut rules will be issued to all Coaches. It will be reviewed before each game by opposing coaches and the referee as to insure no misinterpretations.

The purpose of this division is to instill a love of the game to the players who participate. It is your responsibility as the Coach, to teach the fundamental aspects of the game and prepare these players for the next level. Keep it simple and remember this is INSTRUCTIONAL. KEEP OUR PLAYERS IN FOOTBALL!!

Game

Section II - General

1. Half hour prior to the game, the rosters will be exchanged with opposing coaches. Players will be weighed in and ID cards checked.
2. The scale will be set at 78 lbs. Players will wear socks, pants, hip pads, tail pad thigh and knee pads, game pants and a t-shirt. Helmets, shoulder pads and cleats are NOT required to be worn at game weigh-in.
3. The game will consist of 4 fifteen minute quarters with a running clock. The clock will be stopped only for injury or Time out.
4. There will be a 10 minute halftime. At the end of 1st and 3rd quarter, teams will not change sides.
5. Two Coaches will be allowed on the field during play. One Coach will be permitted in the Huddle and one Coach to help line up players. Once the play begins, Coaches will be 10 yards behind the deepest player and no direction will be allowed.
6. NSFL rules require a max. total of 5 Coaches on the sideline during games. This will include a cameraman if applicable.
7. To start play, a maximum time of 60 seconds from the start of the Huddle until the play goes off. You will be warned by the official one time to speed up play. The second time will result in a 3 yard delay of game penalty with a loss of down.
8. Once a player scores, his number will be recorded by the referee and this player will no longer be able to advance the ball in anyway during that game.
9. There will be no extra points.
10. There will be no scoreboard used at any Peanut game.
11. The field of play will be 60 yards. The defensive team will take possession at the 40 yard line on all change of possessions.
12. Fumbles will be a Dead Ball at the spot of the fumble. It will not revert to the original line of scrimmage.
13. Interceptions will be a change of possession. Intercepting Team will take possession at the 40 yard line.
14. Penalties will be as follows: 5 yd = 3 yds. 10 yd = 6 yds. 15 yd = 9 yds. This is based on a 60 yard playing field.

Offense

1. Will always begin play at 40 yard line making a 60 yard field.
2. Formations are limited to a T-formation and an I-formation.
3. No power formations of any kind.
4. All line players will be in a 3 or 4 point stance.
5. The Quarterback is not permitted to advance the ball in anyway. Any play in which the QB does not hand off, or pass, will result in the ball being placed back at the original line of scrimmage and loss of down.

Defense

1. Defense formations will be limited to the following alignments, 4-3-1 or 4-2-2.
2. **Linemen will be down in a 3 or 4 point stance. They must line up Head to Head with the offense line with a 1 yd Neutral Zone.
3. No Nose guard.
4. **Linebackers must be 6 yards off the ball and remain in linebacker stance until the ball is snapped.
5. **Safeties must be 9 yards off the ball and remain in a 2 point stance until the ball is snapped.
6. NO BLITZING ALLOWED.
7. NO GAP PENETRATION by the line unless contact is made.